

Illness:

Children:

We realize that no one wants their children to miss out on meeting together as a body each Sunday, but we all recognize that we must be considerate of the other children in our classes. The guidelines below will help you determine whether or not to bring your child to class when he or she has been ill. Children will usually recuperate sooner at home, and this also will prevent the “sharing” of their illnesses with others.

If any of the symptoms are exhibited:

1) Stomachache/Vomiting/Diarrhea:

Please keep your child at home:

- if your child has a stomachache which lasts longer than 4 hours or is severe enough to limit activity.
- for 24 hours after vomiting and fever (if present), and until your child can keep food down.
- for at least 24 hours after diarrhea has stopped.

2) Fever:

- Please keep your child at home until he or she has been free of fever for 24 hours.

3) Rash:

- A rash may be the first sign of one of childhood’s many illnesses, such as chicken pox, fifth disease, measles and much more. ***Please do not bring a child with a rash to class until your doctor has said that it is safe to do so, usually 24 hours to 1 week after the rash disappears, depending on the illness.***

4) Common Cold:

- A cold presents the most frequent problem to parents. A child with a “heavy” cold and hacking cough should be kept at home, even when there is no fever .

5) Sore Throat:

- Please keep your child at home if back of throat looks red and/or if white spots are present; if child has swollen glands; if fever is present.

6) Head Lice:

☐☐ Please do not bring your child to church if you find head lice (eggs, nits, or live adults). IF it is discovered, please report it to the CM Pastor immediately. Your child will be allowed back into class one week after no incidents of eggs, nits or live adults from Dr's office.

Staff and Volunteer Workers:

We expect all workers to use sound judgment when illness may keep them from their duties. Thus, we request that each worker immediately contact the appropriate coordinator if illness precludes any involvement in CYM activities.

Allergies:

PCCO cannot guarantee an “allergy free” environment. However, it will make every reasonable effort to reduce the risk to children with known mild or severe food allergies in accordance with these procedures. This endeavor requires a unified cooperative effort among ministry staff, volunteers, parents, guardians, and children.

Food Allergy Forms Information

If a child has a food allergy, the parent/guardian must submit a Food Allergy Form to PCCO.

- a. Forms can be obtained in each classroom
- b. Forms must be updated by parents/guardians at the beginning of each academic calendar year.
- c. Forms must be updated by parents/guardians any time there is a change in the child's allergies.